

Child Development Laboratory
Breakfast and PM Snack Menu
February March 2025

Week 1	02/03, 03/03	02/04, 03/04	02/05, 03/05	02/06, 03/06	02/07, 03/07
Breakfast	Sunbutter Toast on WG Bread	V. Sausage & Potatoes	Oatmeal w/ Fruit available	Cottage Cheese w/ Baked Pears	Cereal w/ Bananas
Beverage	Milk	Milk	Milk	Milk	Milk
ML	Same	Same	Same	Same	Same
ML, ND, NE	Same	same	Same	Same w/ Granola	Same
PM SNACK	Chicken Nuggets (3 each)	Tomato Soup w/ Crackers	Tortilla chips w/Salsa	Tomato slices w/ sliced cheese & Crackers	Apple slices w/ Graham Crackers
Beverage	Water	Water	Water	Water	Water
ML	PB Turkey & Cheese	Same	Same	Same	Same
ML, ND, NE	PB Turkey & Cheese	same	Same	Salad w/ PB Chz	same
Week 2	02/10, 03/10	02/11, 03/11	02/12, 03/12	02/13, 03/13	02/14, 03/14
Breakfast	Bagel w/ sausage & cheese slice	Cinnamon Bread w/ Pears	Waffles w/ strawberries	Yogurt w/Peaches	Banana Muffins w/ Bananas
Beverage	Milk	Milk	Milk	Milk	Milk
ML	Same	Same	Same	Same	Same
ML, ND, NE	EM w/ V. Sausage & Cheese	Same	Toast w/strawberries	Granola w/Peaches	EM w/ Bananas
PM SNACK	Sweet Potato Bites w/ crackers	Cheese Breadsticks	Brown Rice Veggie Bowls	Cooked Carrots w/ Ranch & WG Crackers	Applesauce w/ Graham Crackers
Beverage	Water	Water	Water	Water	Water
ML	Same	Same	Same	Same	Same
ML, ND, NE	Same	PB Cheese & Crackers	Same	No Ranch	Same
Week 3	2/17, 03/17	02/18, 03/18	02/19, 03/19	02/20, 03/20	02/21, 03/21
Breakfast	Cottage Cheese w/Peaches	Oatmeal w/ mixed berries	Pancakes w/ turkey sausage	Roasted Potatoes w/ Peppers	Cereal w/ Fruit
Beverage	Milk	Milk	Milk	Milk	Milk
ML	Same	Same	Same	Same	Same
ML, ND, NE	Same	Same	EM w/ Vegan Sausage	Same	Same
PM SNACK	Pretzels w/ Cheese	Chips & Salsa w/ Guac	Cucumber Bites w/ Crackers	Chicken & Broccoli	Apples w/ Cheese Slices
Beverage	Water	Water	Water	Water	Water
ML	Same	Same	Same	Same	Same
ML, ND, NE	Same w/ PB Cheese	same	Same	V. Chick'n	Same w/ Graham Crack.
Week 4	02/24, 03/24	02/25, 03/25	02/26, 03/26	02/27, 03/27	02/28, 03/28
Breakfast	Avocado Toast on WG Bread	Turkey Sausage Biscuit	Cinnamon Bread w/Applesauce	Yogurt w/ Pineapple & Granola	Blueberry Muffin w/ Apple Slices
Beverage	Milk	Milk	Milk	Milk	Milk
ML	Same	Same	Same	Same	Same
ML, ND, NE	Same	EM w/ V. Sausage	Same	Fruit & Granola	EM w/Apple Slices
PM SNACK	Turkey Pepperoni w/ String Cheese	Meatballs w/ Cheese & Marinara	Cooked Green beans & Turkey Pepperoni & Crackers	Graham Crackers w/mandarin oranges	Pita w/ Hummus
Beverage	Water	Water	Water	Water	Water
ML	Same	Same	Same w/o Turkey	Same	Same
ML, ND, NE	Same w/ PB Pep & Chz	PB Meatballs and Chz	Same w/o Turkey	Same	Same

All **BOLD** items are Whole Grain-Rich Components
Children 2 to 5 years are served unflavored 1% milk